

Backup Caregiver Checklist

Use this checklist to leave information for a backup caregiver. Be sure to include under "Details" any additional information that will be helpful, such as where specific items can be found in the home.

ROUTINE

Details

- Breakfast
Help/Utensils _____
Medication _____
- Breakfast _____
- Breakfast _____
Help/Utensils _____
- Snack _____
- Activities _____
- Dinner _____
Medication _____
- Evening _____
Undressing _____
Bathing _____
- Bedtime _____
Special Needs _____

PERSONAL NEEDS

Details

- Cane/walker _____
- Denture _____
- Glasses _____
- Hearing Aid(s) _____
- Incontinence Aids _____
- Other _____

WATCH FOR

Details

- Agitation _____
- Wandering _____
- Confusion _____
- Other _____

EMERGENCY CONTACT _____